



11 Km
RUN



3 UNESCO heritage
castles



11 Km
WALKING

BELLINZONA CASTLES & GO

The most Medieval Run on Earth!

SUNDAY, 26TH MAY 2024

Drawbridges, secret passages, crenellated paths, prestigious neighbourhoods and stunning old town...

Medieval reenactment with "**La Spada nella Rocca**" and music along the routes

Registrations and information
www.castlesandgo.com

SATURDAY, 25TH MAY 2024

Performances and shows by Sports Clubs and... much more

Become a Bilitio runner or a Bilitio walker!
Or maybe even an Athlet of the Two Europe's...



Città di
Bellinzona

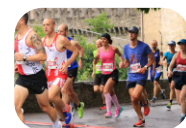




SATURDAY, 25TH MAY 2024



- 10.00-12.00 Performances by Sports Clubs (Castles & GO Village in Piazza del Sole)
- 12.00-13.30 Risotto-Party (Castles & GO Village in Piazza del Sole)
- 13.30-16.30 Performances by Sports Clubs (Castles & GO Village in Piazza del Sole)
- 14.00-16.00 Last minute registrations CHILDREN'S CHARITY RUN (Piazza del Sole)
- 16.45 Start CHILDREN'S CHARITY RUN (Piazza del Sole)
- From 17.30 Aperò in music (with Sanook Showgirls Band), Arrostitcini &...
...Pizzoccheri-Party (Castles & GO Village in Piazza del Sole)



SUNDAY, 26TH MAY 2024

- From 08.00 Last minute registrations and bib collection 11 Km WALKING (until 08.45) / 11 Km RUN (until 09.45) (Municipal Stadium)
- 09.15 Warm-up 11 Km WALKING with Fit Form (Piazza del Sole)
- 09.45 Start 11 Km WALKING (Piazza del Sole)
- 10.15 Warm-up 11 Km RUN with Physioticino (Montebello Castle)
- 10.45 Start 11 Km RUN (Montebello Castle)
- From 12.00 Gnocchi-Party (Castles & GO Village in Piazza del Sole)
- 12.30/13.00 ca. Awards (Castles & GO Village in Piazza del Sole)



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